

CBT Supervision Programme 2023-2024

Brainstation Clinics offer two options of clinical CBT supervision for psychologists:

- Option 1: Supervision Monthly
 - Individual Supervision = 3 sessions of 1 hour (total of 3 hours/month) = 400\$ per month
 - Pair supervision (2 individuals) = 3 sessions of 1 hour (total 3 hours/month) = 250\$ per month per participant
 - Group supervision (3 individuals) = 4 sessions of 1 hour each (total 4 hours/month) = 250\$ per month per participant
- Option 2: Supervision as part of the CBT 2-year Diploma Programme
 - After completing the CBT certificate and one (or two) CBT pathways (please refer to the CBT 2-year programme PDF), students will need to attend <u>supervision sessions</u> and <u>discuss at least 5</u> different cases including bringing part of sessions' recording (with the client's consent).

Length: 7 monthsPrice: 670 USD

Supervision sessions will be delivered by licensed senior psychologists and supervisors at Brainstation Clinics.

IMPORTANT NOTE: Psychologists who are completing the 2-year CBT program can also choose to take the Supervision Monthly option (Individual or Group). The completed hours of supervision will be deducted from the required hours of the 7-month Supervision Module.





APPLICATION REQUIREMENTS for the CBT supervision monthly:

- BA in psychology
- Masters in psychology

To apply for the supervision, please send an e-mail to training@brainstation.uk including:

- Your diplomas
- Your CV
- Your ID
- Your license
- Your LOPSY registration

