

Basic / Intermediate Psychology Workshops

Date	Topic	Presenter(s)	Time	Open to	Level of	Location	Price
14/1/2025	Intro to Eating Disorders	Rawane Hamze	5:00 - 6:30 pm	Psychology students, Psychologist, Nutritionists and Public	Basic	Sin El Fil and Online	20\$
6/2/2025	Intro to Sexual Disorders	Riwa Corban	6 - 7:30 pm	Psychology students, Psychologists and Public	Basic	Online	20\$
14/3/2025	Intro to Anxiety Disorders	Sabine Sabbagh	4 - 5:30 pm	Psychology students, Psychologists and Public	Basic	ZAHLE and Online	20\$
25/3/2025	Sexual Education for Parents and Children	Amanda Habib	4 - 5 pm	Psychology students, Psychologists and Public	Basic	Online	20\$
12/5/2025	Intro to Anxiety Disorders	Nour Eid and Zeina Bou Dargham	5 - 6 pm	Psychology students, Psychologists and Public	Basic	SAIDA	FREE
18/6/2025	Intro to Couples' Therapy	Rachel Keirouz	TBD	Psychology students, Psychologists and Public	Basic	Sin El Fil and Online	20\$
9/7/2025	Dealing with Perfectionism and Anxiety	Marie-Adele Saliba	TBD	Psychology students, Psychologists and Public	Basic	Sin El Fil and Online	20\$
20/8/2025	Intro to Panic Disorder	Rachel Keirouz and Pia Saliba	TBD	Psychology students, Psychologists, and Public	Basic	Sin El Fil and Online	25\$
9/9/2025	Intro to Social Anxiety	Sara Roukoz and Eliane Namnoun	TBD	Psychology students, Psychologists and Public	Basic	KOURA	FREE
29/10/2025	Intro to Grief	Nour Eid and Zeina Bou Dargham	TBD	Psychology students, Psychologists and Public	Basic	SAIDA	FREE
15/12/2025	Christmas Event	TBD	TBD	Psychology students, Psychologists and Public	-	Sin El Fil	TBD

Enroll in several of our basic psychology workshops at once, and benefit from the following offers:

2 workshops: 10% off the total
3 workshops: 15% off the total
4 + workshops: 20% off the total

Achrafieh - Sin el fil - Dbayeh
Zahle - Koura - Saïda
ONLINE therapy (Lebanon / Abroad)

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